



What are boosters?

Vaccines provide protection, but over time, immunity from some vaccines can decrease.

Boosters are additional doses that help restore and maintain your immunity, keeping you protected.



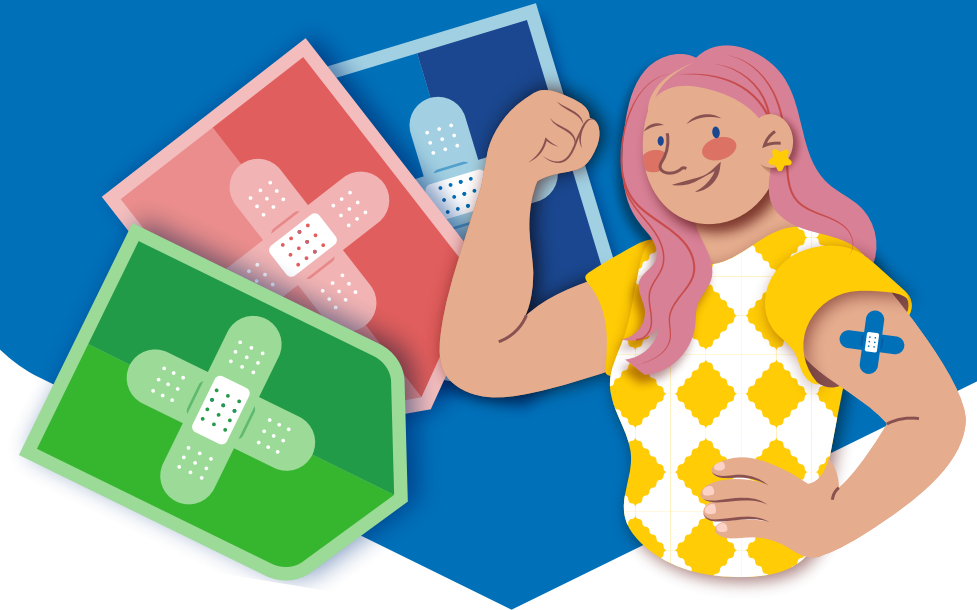
Protect yourself and others
by getting vaccinated!



Scan the QR code to learn
more at the **European
Vaccination Information Portal**
vaccination-info.europa.eu/en

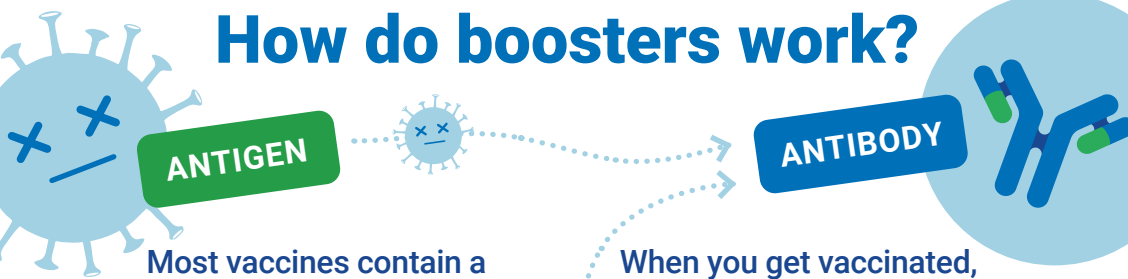
Vaccine boosters:

keep your immunity strong
at every stage of life



EUROPEAN VACCINATION
INFORMATION PORTAL
An initiative of the European Union

How do boosters work?



Most vaccines contain a weakened or inactivated form of a virus or bacterium. This is called an antigen.

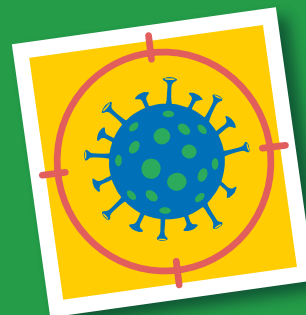
When you get vaccinated, your immune system recognises the antigen as foreign and creates cells called antibodies which fight the virus or bacterium.



Boosters reintroduce the antigen, so that your immune system can strengthen its defences again.

If you then come into contact with the disease, your body will respond quickly and effectively to protect you.

Why are boosters necessary?



Immunity from some vaccines naturally decreases over time. Booster doses refresh your body's defences against specific diseases, helping to maintain protection and prevent serious illness.

Who should receive boosters?

Booster recommendations depend on your age, health status, and vaccination history. Check with your healthcare provider to ensure you stay up to date with your vaccinations.

