

# Vaccination for new and expecting parents

## Vaccination before pregnancy

Staying up to date with vaccinations before pregnancy can protect mothers and babies from:

**Rubella**  
(German measles)  
**Chickenpox**  
(varicella)

These infections can cause developmental disorders in babies before they are born, leading to long-term disability and even death.

Vaccination can protect mothers, unborn babies and newborns from specific diseases and their complications.

### Want to know more?

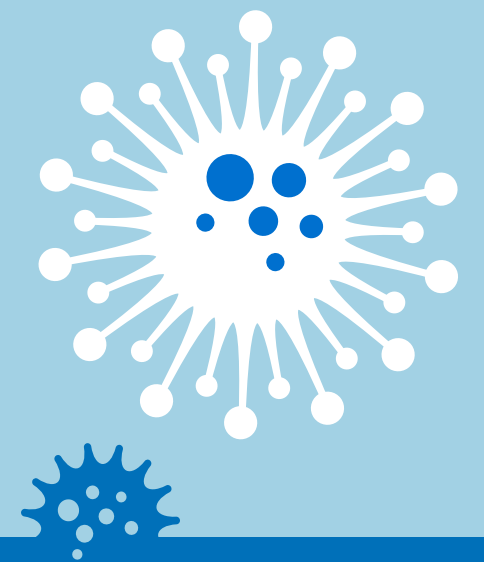
Here are some essential facts about vaccination and pregnancy.



## Vaccination during pregnancy

The mother's immune response transfers to the unborn baby and protects it from diseases and infections such as:

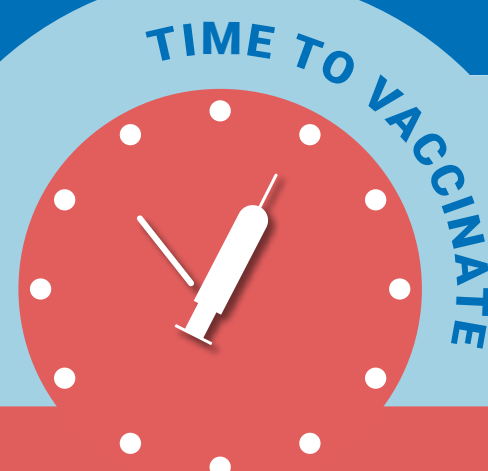
**Whooping cough**  
(pertussis)  
**RSV**  
(respiratory syncytial virus)  
**Flu** (influenza)  
**COVID-19**



## Do babies need vaccination?

**Yes they do!** Protection given by the antibodies from a mother fades over time. So it is important for babies to be vaccinated according to each country's national childhood vaccination schedule.

Contact your healthcare provider to book your vaccinations.



Vaccination can protect yourself and others

Scan the QR code to learn more at the European Vaccination Information Portal



[vaccination-info.europa.eu/en](https://vaccination-info.europa.eu/en)



EUROPEAN VACCINATION  
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