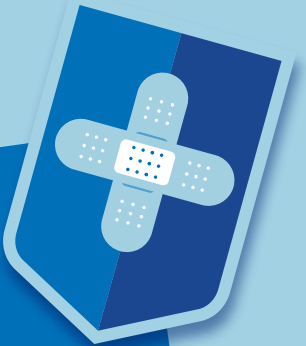




## Symptoms

TBE can lead to meningitis (inflammation of the membrane that surrounds the brain and spinal cord) and/or encephalitis (inflammation of the brain).



## Protect yourself by getting vaccinated!



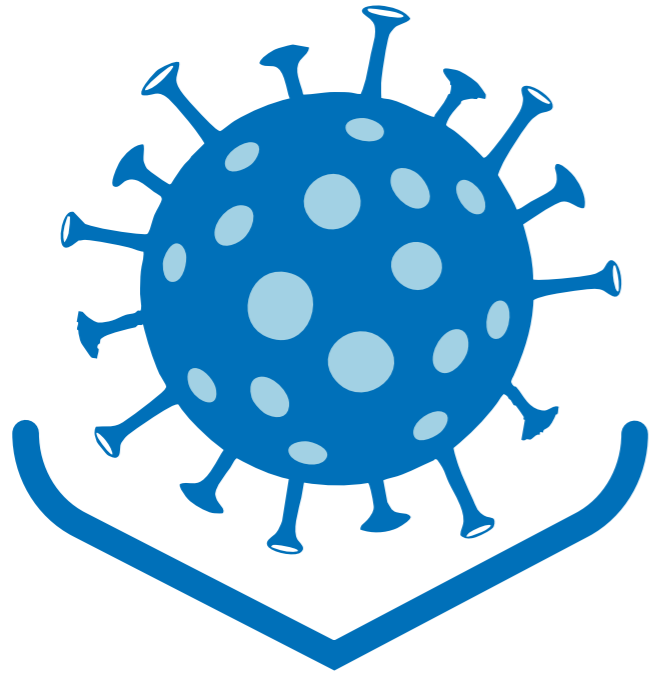
Scan the QR code to learn more at the **European Vaccination Information Portal**  
[vaccination-info.europa.eu/en](http://vaccination-info.europa.eu/en)



## Prepared for tick season? Protect yourself from TBE



EUROPEAN VACCINATION  
INFORMATION PORTAL  
An initiative of the European Union



## **TBE** (tick-borne encephalitis)

is a viral infectious disease which affects the central nervous system. You can catch it from the bite of infected ticks, found in wooded or grassy habitats in many parts of Europe and Asia.



How do you  
get TBE?

### Getting bitten by infected ticks.

This can happen during outdoor activities such as hiking, camping, walking in parks or woods.



### Why vaccinate?

Vaccination is the most effective way to protect yourself against TBE and the life-changing consequences it can have.